

Bruny Island District School

DEPARTMENT OF
EDUCATION
learners first

Where every child is empowered to develop the skills and confidence to enrich their lives and the lives of others.

03 FEBRUARY 2021

UPCOMING EVENTS

Welcome Back Pizza Night

Wednesday 10 February (*Save the date*)

Little Penguins Returns

Wednesday 10 February 9:00—11:00

Friday 12 February 9:00—11:00

PAT Early Years Assessment (Preps)

Begins 22 February—12 March

Year 6 Student Leadership Day

Wednesday 3 March

Learn to Swim Years 4-6

March 25, 26, 29, 30, 31

Moderation Day (Student Free Day)

Thursday 1 April

Easter and Term Break

Friday 2 April—Tuesday 20 April

Term 2 Starts

Wednesday 21 April

REMINDERS

Friday (each week)

School finishes at 2:30pm

Hot Lunch (Tomato Pasta \$4.50)

Wednesday 10 Feb

TERM DATES 2021

Term 1 3 February—31 March

Term 2 21 April—2 July

Term 3 20 July—24 September

Term 4 11 October—16 December

CONTACT DETAILS

Bruny Island District School

15 School Road, Alonnah, 7150

Phone 03 62 93 11 47

Email bruny.island.district@education.tas.gov.au

Web <http://www.brunyislandschool.org/>

Dear Families,

Welcome to first newsletter for 2021.

It is with great pleasure that I welcome all of our students and families back to our school. There was a lot of excitement and enthusiasm this morning as students passed through the school gate for the first day of the school year. The school had a wonderful atmosphere this morning and we were all very happy to see the students return for what I'm sure will be another GREAT year.

This year we are welcoming 10 new Kindergarten students to our school as well as the Archer family who have recently moved to the Island and joined our school community. I would like to warmly welcome all of you to our school and this wonderful community.

I would like to acknowledge the huge amount of time and energy our staff have used during our break to prepare the classrooms and our grounds for the new year. It is because of this that our school looks so welcoming and wonderful. Thank you.

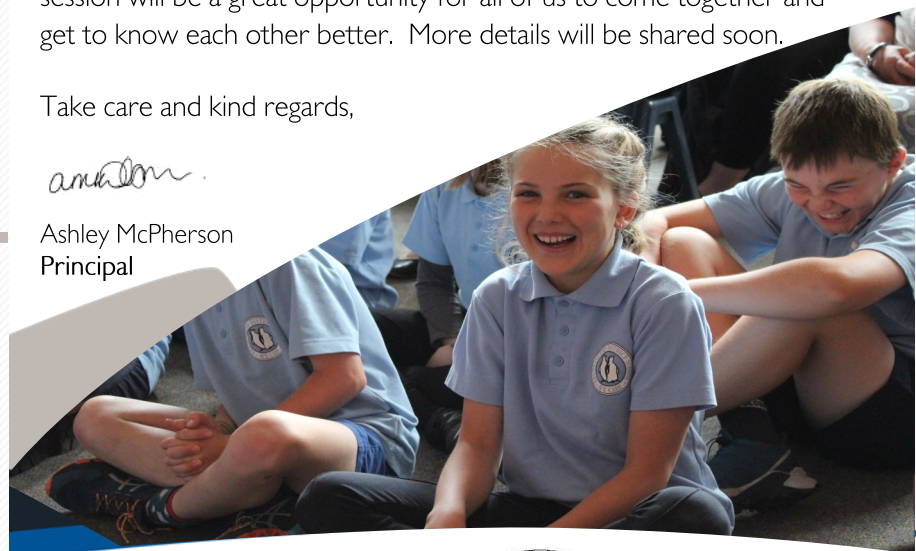
This is just a short *welcome back* newsletter with a full newsletter to be published next week. This newsletter will provide you with some information about upcoming events and to inform you of some important new policies that we will be putting into place from this week.

I am so happy to be back with you again for the beginning of another year and I very much look forward to working with you in the coming weeks. Our *Welcome Back Pizza Night* and Meet the Teacher session will be a great opportunity for all of us to come together and get to know each other better. More details will be shared soon.

Take care and kind regards,



Ashley McPherson
Principal



Welcome back!



ALLERGY AWARE AT BRUNY ISLAND DISTRICT SCHOOL

The only way to manage a food allergy is avoidance; however, elimination of certain foods in a school environment is impossible. The school has initiated several strategies to lessen the risk – it is never totally possible to eliminate the risk of an anaphylaxis.

We currently have two students attending our school who are at risk of **anaphylaxis.**

Triggers for these students include: **nuts and kiwi fruit.**

Anaphylaxis is the **most severe** form of allergic reaction and is potentially life threatening. A severe allergic reaction to any of the foods listed above could rapidly become life threatening for these children.

Peanuts are the leading cause of severe allergic reaction, followed by tree nuts, shellfish, fish and milk.

The school has implemented a number of strategies to help eliminate the risk of anaphylaxis and this will be documented in a policy that will be shared soon.

Parents are asked to also help us eliminate the risk by:

- Children are instructed and reminded to not share food and drink;
- Parents send up to date information about their child's allergies;
- Parents avoid sending messy food, such as egg sandwiches and grated cheese in sandwiches;
- Parents identify on hot lunch orders if their child has allergies;

Parents do not send nuts or kiwi fruit.

Move Well Eat Well



Our school has been reviewing our commitment to the principles of the Tasmanian Government Initiative *Move Well, Eat Well*. This initiative is funded by Public Health Services and promotes a healthier Tasmania in which children can enjoy healthy eating and physical activity every day.

There are six healthy messages which we will be promoting and supporting throughout the school:

- Tap into Water Every Day
- Plant Fruit and Veg in Your Lunchbox
- Limit 'Sometimes' Foods
- Move, Play and Go
- Turn Off, Switch to Play
- Stride and Ride

Whilst reviewing the guidelines to maintain our accreditation as a Move Well, Eat Well school, we realised we need to change some of our current practices and policies.

A new, updated *Move Well, Eat Well* policy is currently being drafted and will be shared soon. In the mean time we would like to ask families to support this initiative as best you can. You can find out more information from the website:

www.movewelleatwell.tas.gov.au

CELEBRATING BIRTHDAYS AT SCHOOL

To align to both our *Move Well, Eat Well Policy* and our *Allergy Aware School Policy* we would like to ask parents to please **not send or supply** cakes and treats to school for your child's birthday.

We know this is not ideal and it has been a hard decision to make, but we feel it is in the best interest of all children at the school if we limit our 'sometimes' foods and ensure we are only having food on site that is safe for everyone.

Our staff have spent some time this week thinking of many alternative ideas to celebrate each child's birthday whilst they are at school which do not include food treats, but will be equally as special.



Thank you for your understanding and support with this.

You're invited...

MEET THE
TEACHER!



WHEN: Wednesday 10 February 4:30pm

WHERE: Classroom visits 4:30-5:30pm then School Garden for a Pizza with the school community.

WHY: Our *Meet the Teacher* sessions are an open classroom time where families can come and speak to the classroom teachers and see the classroom spaces. We would then like to invite all of our families to come and cook a pizza of your choice in the School Garden.

BRING: Please bring your pizza toppings. We will supply you with a fresh pizza base and tomato paste, but you are welcome to bring your own toppings. We will then cook your pizza in our school pizza oven.

WOULD YOU LIKE TO JOIN OUR P AND F?

We would like to invite members of our school community to consider supporting the P and F Committee to continue the great work they have been doing for our school.

The P and F meets monthly to discuss and plan upcoming events and fundraising opportunities. The Committee works closely with the school and the Principal to support our children.

If you are able to help in anyway or would like to know more, please contact Nicole (President P and F) on:

joeysnickers@hotmail.com

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