

Bruny Island District School

Where every child is empowered to develop the skills and confidence to enrich their lives and the lives of others.



DEPARTMENT OF
EDUCATION
learners first

ASPIRATION GROWTH COURAGE RESPECT

1 JUNE 2022

Current Yearly Attendance: (Present In Class)

K	P	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
86%	85%	90%	83%	82%	85%	87%	71%
Previous Fortnightly Attendance Data:							
86%	85%	89%	82%	80%	85%	86%	70%

UPCOMING EVENTS

Little Penguins

Wednesday 9:00-10:00 and Friday 9:00– 10:00

COVID-19: 5-11 Vaccination Clinic (RFDS)

June 9 (Dose 2)

Huon FM Radio Interview

June 6

Public Holiday

June 13

Year 4-5-6 Excursion (Marine Discovery Centre)

June 14

All Schools Cross Country

June 21

REMINDERS

Friday (each week)

2:30 finish for students

TERM DATES 2022

Term 2 2 May—8 July

Term 3 26 July—30 September

Term 4 17 October—21 December

Dear Families,

Welcome to the latest school newsletter.

In recent weeks we have acknowledged and learnt from two significant events: Sorry Day and Reconciliation Week. It has been a privilege to share the importance of and to develop a better understanding of these two events with our students and to provide rich and authentic learning opportunities that help our students to engage deeply with their understandings of these concepts and to consider how they can *Be Brave. Make Change* (the theme of Reconciliation Week 2022).

During our Sorry Day ceremony last week I reminded students that at our school 'we care' and that is why we are focused on understanding the experiences of others so that we can demonstrate true reconciliation. I reminded them that at our school we care for each other, we care for our community and we care for those that have had something terrible happen to them. We care.

Sorry Day, Reconciliation Week and our current NAIDOC Week learning with regards to Sea Country are all helping to achieve our goals of empowering students with the skills and dispositions to make informed decisions and to be active participants within society. It is through this inquiry based learning that we are teaching the Australian Curriculum.

Our school motto was strongly displayed at the recent Interschool Cross Country event with students from Year 3-6 representing our school at this event. The feedback has been outstanding. I have received many reports of students caring for each other, supporting each other and working as a team. Congratulations to all.

Take care and kind regards,

Ashley McPherson
Principal

CONTACT DETAILS

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COVID-19 Update

keep it
COVID safe.

STATEWIDE UPDATE:

Understandably, our community are often commenting on the disconnect between the COVID rules at our school and those within the general community.

The current regulations and rules placed upon us are state-wide across all Education and Care settings within the Department of Education. These rules and regulations are based on the advice of Public Health and are therefore a mandate which we must comply with.

Encouragingly, the number of COVID-19 cases in our community are declining. This means that we can now start to gradually reintroduce activities in a COVID-safe way. We have already seen evidence of this with Launching Into Learning recommencing this term and greater opportunities for family involvement at sporting events and carnivals.

As restrictions continue to ease we will be immediately communicating this with families. It is our hope to involve families within our school as much as possible.

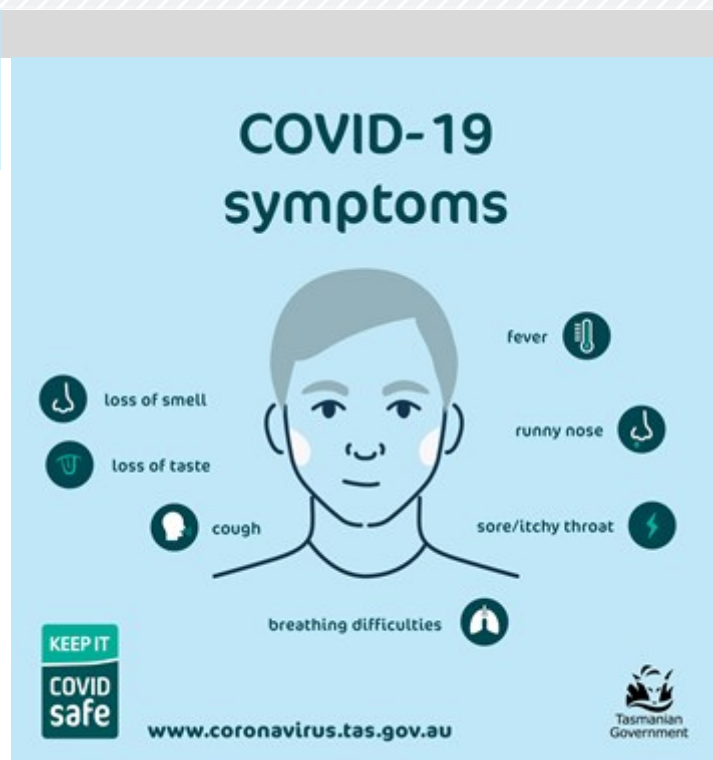
I thank the community for understanding that these current regulations and rules are in place to keep our staff and students safe. It is a priority of our Government to keep schools open and to keep everyone safe. By complying with the rules and regulations, you are doing your part in helping us to provide the very best educational outcomes for your child. Please remember:

- Face mask wearing is a requirement for all adults when indoors
- Follow physical distancing requirements where possible
- If you are unwell, please stay at home and test for COVID-19
- Please request additional RAT tests as you use them
- Remember to wash/ sanitise your hands often
- LiL is for 1 hour (currently 9:00-10:00am Wednesday and Friday)

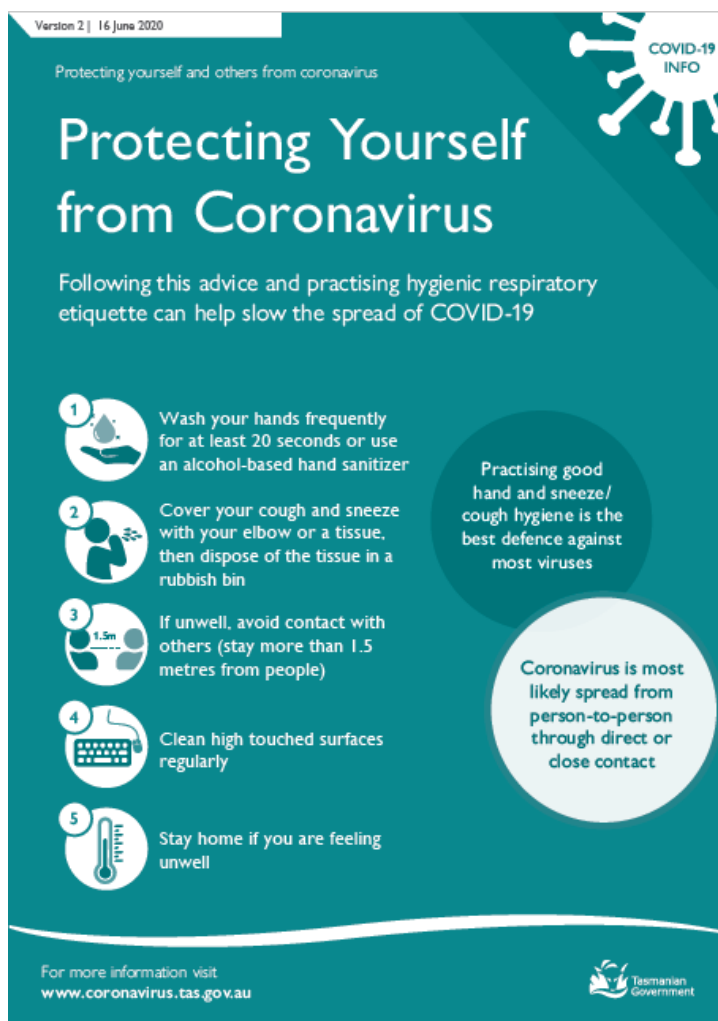
We are doing our best to continue our usual program, but with increasing staff shortages we may have to cancel or change specialists programmes. This will be communicated with as much advanced notice as possible.

Thank you for understanding.

Ashley McPherson.



(Adults): Please wear a mask when you are indoors at school. Thank you.



SORRY DAY



Every May 26 in Australia, National Sorry Day reminds us to remember the mistreatment of Aboriginal and Torres Strait Islander people. During the 20th century, Indigenous children were forcibly removed from their families to be “assimilated” into white Australian culture. They are known as the “Stolen Generations.”

National Sorry Day is a day to acknowledge the strength of Stolen Generations Survivors and reflect on how Australians can all play a part in the healing process for the people and nation. While this date carries great significance for the Stolen Generations and other Aboriginal and Torres Strait Islander peoples, it is also commemorated by Australians



right around the country.

Stolen Generation Flower is often referred to as the National Sorry Day flower. The five-petal Native Cotton, Desert Rose, or Native Hibiscus as we know it, was chosen to symbolise

the scattering of the Stolen Generations and their resilience to the eugenic policies of Australia.

DON'T LET THE FLU GO VIRAL

It hasn't been out and about much lately, but the risk of flu is here. Keep yourself and your children safe by booking your flu shots today. The Tasmanian Government are running free [community vaccination clinics](#). Or get in touch with your GP or local pharmacy.

It's recommended for everyone over six months of age. It's also free for people at higher risk including children aged six months to five years. For more information, please visit the [Department of Health](#) website.



SHORT STORY WRITING COMPETITION

KIDSNEWS SHORT STORY writing competition

Students in Year 4-5-6 are participating in this years Short Story Writing Competition.

The competition has four age groups: Kindergarten to Year 2, Year 3-4, Year 5-6- and Years 7-9.

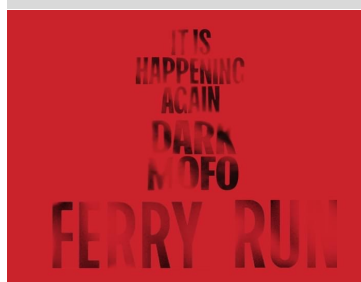
The first prize winner in each age category wins 10 copies of their short story published into a printed book with a personally designed cover, plus an iPad and a Harper Collins book pack.

The competition is open from Monday 30 May and closes on Friday 24 June, 2022.

You can enter an entry by scanning this QR Code:



SEALINK



SeaLink are operating additional ferry services to support the community to participate with Dark Mofo this year. More information will be shared soon about our involvement with the Ogoh-ogoh, but for general information, please visit the SeaLink Facebook page.



The National Reconciliation Week 2022 theme, “Be Brave. Make Change.” This is a challenge to all Australians—individuals, families, communities, organisations, and government—to Be Brave and tackle the unfinished business of reconciliation so we can Make Change for the benefit of all Australians.

Last year, Reconciliation Australia encouraged us to take action- not just for one day, not just for one week, but every day to improve the lives of others.

Guided by the leadership of Hayley (our Aboriginal Education Worker), we are building our knowledge and understanding of history, culture, achievement and practices that will help us to make decisions and to make change that will improve the lives of others.

As a school we created a visual that will tell our community that the land on which we are on is Nuenonne land and we must care for country if we care about the people that use it. Our learning this term has been focused on Sea Country and that is why we stood on the edge of Sea Country for this learning. We worked together to write the words:

Always was, always will be. Nuenonne Land.



BREAD BAGS INTO PLAY EQUIPMENT



Help us turn bread bags into school play equipment!

This term we would like to invite all families to participate in the Wonder Recycling Rewards program. This is a great initiative to encourage the recycling of bread bags which may otherwise end up in landfill. Once we have collected enough bread bags, they will be sent off and redeemed as points towards school play equipment.

This program is only accepting plastic bread bags, however we do encourage you to recycle any other soft plastics at a REDcycle soft plastic centres.

Our collection bin will be located in the school office but be sure to look out for other collection bins at other local stores.

Let's get recycling!

RECYCLED SCHOOL UNIFORM

It was important to us that our old school uniform items go to someone in need and not to landfill. After some research, Karen found an organisation that takes school supplies from Tasmania and sends them to schools in need.

We have sent 4 boxes of our old school uniform to a small school called Lehlehina Primary which is located on the Araki Island in the nation of Vanuatu.

This small school suffered the devastating effects of the cyclone of 2020 and with help from the Hope Education Inc. they are slowly rebuilding. The community are incredibly resilient and with Hope Education Inc. helping them, they have been able to rebuild and even develop a new school sign. We hope our uniform items are able to support this community.



SEA COUNTRY UPDATE

Students in the Year 4-5-6 are continuing to develop their skills and knowledge with regards to Sea Country and recently had a Zoom Meeting with Dr. Craig Johnson from IMAS. Here is a report from Rosie about the learning experience:



On Thursday 19 May, the Stingrays Class had a Zoom meeting with Dr. Craig Johnson from IMAS (Institute of Marine and Antarctic Science).

We talked about how we don't have much kelp left as waters are becoming warmer and the invasive species of urchins which are eating all of the baby kelp.

Dr. Craig Johnson suggested that if we find any invasive urchins that we eat them so that they can't eat the kelp and so that we can begin to have less of them.

If you are a diver or have ever eaten sea urchins before, you might be able to help us.

I think that this is a really important issue because nobody knows what will happen if the kelp becomes extinct and that is something we are all worried about.

NATIONAL SIMULTANEOUS STORYTIME



Last week we participated in National Simultaneous Storytime.

This is an annual event where a picture book that has been written and illustrated by

an Australian author and illustrator is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Mr McPherson shared the story with our students today and they each had many wonderful comments and contributions to make during the reading.

FOOD PREPARATION



Although we understand warmer food is great to have with the cooler weather, we are unable to heat food up for children at school. This includes cups of noodles, soups, etc.

Food prepared at home and kept in a thermos is fine, but due to public health regulations, staff are not permitted to heat food up for children. Thank you for understanding.

INTERSCHOOL CROSS COUNTRY 2022

Inter School Carnivals are as rare as hen's teeth these days due to Covid restrictions and also the Huonville weather, so as we left the sunny shores of Bruny Island, excitement was at fever pitch.

The bus was full to bursting with eager runners and patient supporters as the Huonville oval slowly drew near.

Descending into the fog of the valley the mood dampened, along with our clothes and some of us suffered in the wintry chill; "My hands have never been so cold Claire" (Archer).

The nerves set in as we hustled the first the first bunch into their race gear and off to the start line. Teisha's abundant race experience came in handy as she coached all our runners to the start line with polite "Excuse me's" as they jostled for pole position at the front of the pack. Whether this advantage made the difference or not we will never know but our runners excelled on Wednesday with some stellar results (see below for full list).

The Grade 4 boys blitzed their division with a 1st (Finlay-who, by the way, managed to make a new friend from another school, chatting away whilst racing), 2nd (Orson), 5th (Noah T) and 7th (Rupert).

Meanwhile Team Bruny (the smallest team with the biggest heart) cheered more loudly and enthusiastically than any other as they high-fived, hugged and lifted each other up (both literally and figuratively).

Reluctant runners were swept along with the tide of enthusiasm and Gillian took on the 3km in her blunies, in true Bruny style. Evie stuck with buddy Luca for moral, and no doubt imaginative support as they chatted their way through to the finish. Tanami made a dramatic start by rolling his ankle during the first lap. He went down like a sack of South Bruny apples, flapping around like a fish in a boat. Aaron swiftly ran to the rescue along with several competitors who happily lost time to lend a hand to a fellow racer in need. Tanami stunned us all as he slowly crawled to his feet, dusted himself off, set off with a pained limp but gradually resumed his familiar spiderlike gait to cross the line at an impressive tenth place. All I can say is lookout next year Grade 6 boys, Tanami will be back!

The distance proved no match for Xavier as he decided to go AROUND the judges table, adding an extra 200m to his race and STILL managed to come over the line in 1st place, followed closely by our very own Noodle Legs Noah (how can legs so small run so fast?).

John and Archer enjoyed their first ever Interschool Carnival

running strongly together.

Our very own 'GazElla' Bennet smashed the Grade 5 girls division with a smiling 2nd place and India showed her usual grit and determination coming in at 9th place.

The Grade 6 girls showed true mettle as they battled it out for 4th (Isla), 5th (Rosie), 8th (Ella MH-who was of course grinning the whole way and managed a very elegant Queen's wave as she passed us) and 12th (Gill).

The bus ride home with tired legs and sore throats (from cheering, not Covid) was a much quieter affair as we all basked in the glory of a day well spent.

Thank you all students (runners and spectators) for a wonderful display of courage, resilience, team spirit and friendship. Thank you Tameka for driving us safely and for marshalling, Nina for all round support and assistance, Teisha and Aaron for hot race tips, mini-mascots Anders and Ada for warm cuddles (do Bruny uniforms come in size 000?) and last but not least Ash Kestle for organising the whole excursion. Individual results were indeed impressive this year but for Team Spirit, BIDS won first place all round!

Grade 3 Boys: Xavier 1st, Noah Y 5th, Archer 10th, John 11th

Grade 4 Girls: Luca 8th, Evie 9th

Grade 4 Boys: Finlay 1st, Orson 2nd, Noah T 5th, Rupert 7th

Grade 5 Girls: Ella B 2nd, India 9th

Grade 5 Boys: Tanami 10th, Beach 15th, James 16th

Grade 6 Girls: Isla 4th, Rosie 5th, Ella MH 8th, Gillian 12th

IN BREAKING NEWS: Bruny Island District school will be receiving a number of pennant awards following the results of the Interschool Cross Country.

- Year 6 Girls
- Year 4 Boys
- Year 3 Boys

Claire Boost.



GREETINGS FROM NURSE KATHERINE

Winter has officially started! These colder months are a time when we're more likely to catch viral infections (like a cold, influenza or COVID19). Did you know children can get between 5 and 10 colds a year, while adults can get 2 to 4 colds each year!

This is such an important time to take extra care of ourselves and our families. Keeping our immune systems strong can help prevent catching colds and the flu.

So what can we do to help our immune system?

Here are some suggestions:



Staying Healthy

Healthy Diet: eating a varied, nutritious diet is a great way to help our bodies stay well. Remember to include 5 serves of vegetables and 2 serves of fruit. Broccoli, carrots and cauliflower are great winter vegetables, and oranges, mandarins, and kiwi fruit are in season over winter. These are all great natural sources of vitamin C!

Exercise: this can be admittedly harder during the winter months but is important to maintain our activity as best as we can! Get outside whenever you can (rug up well if it's cold!) Be creative with indoor exercise – borrow exercise DVDs from your local library and try something new. Dance-offs are fun – get a little bit silly, get your heart rate up, and prepare to laugh a lot! See if the kids have any new, original ideas for indoor exercise!

Managing stress: this is very important, as stress has a big effect on our immune system and general health. Find time to do activities you love and that help you to relax. Try mindfulness meditations – Smiling Mind is a great app that has lots of meditations/mindfulness ideas to help reduce stress and worries, relax your mind, and improve your resilience.

Sleep: make sure you're getting enough sleep, as lack of sleep can affect our immune systems. Sticking to a regular sleep routine—even on weekends—maintains the timing of the body's internal clock and can help you fall asleep and wake up more easily.

Keep warm: Wear layers of clothing — scarf, hat, gloves and a jumper. Make sure you always have a coat with you (we all know how easy it is to get caught out in Tasmania!) Keep curtains drawn and doors closed to block draughts. Have regular hot drinks and at least one hot meal a day if possible. This is especially important for people with heart or respiratory problems such as asthma.

Hand washing: Hopefully we've all reached professional hand-washer status by now thanks to the COVID19 era! This is something that is so important to do, and to continue to teach our children to do. Hand washing is one of the BEST and EASIEST ways to avoid becoming sick.

Remember to wash your hands:

- if they're visibly dirty
- before you eat or prepare food
- after going to the toilet, or changing a nappy
- after blowing your nose, coughing or sneezing
- after handling or patting animals
- before and after taking care of someone who is sick
- when you enter and leave a healthcare facility



Keep well, and stay warm!

Info from: <https://www.healthdirect.gov.au/colds>;
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/healthy+living/top+tips+for+healthy+living/keeping+healthy+this+winter>;
https://www.healthywa.wa.gov.au/Articles/S_T/Staying-healthy-in-winter



**School Health Nurse –
Woodbridge, Dover and
Bruny Island District Schools,
Huonville High School
School Health Nurse Program
Department of Education,
Tasmania**



Sick? Thanks for staying home! But please let us know so we can mark our attendance correctly.

Call: 62 93 11 47 or **email:**
bruny.island.district@education.tas.gov.au

REMINDER NEW SCHOOL UNIFORM

Families can now use their Uniform Subsidy Voucher to purchase our new school uniform items and be given a discount of \$65.00 off the purchase when used in one transaction and if used before the end of Term 2.



We have a full range of sizes in stock ready for purchase.

PRICES:

- Polo top: \$24.50 each
- Soft shell jacket: \$48.50 each
- Full zip fleece jumper: \$32.00 each

Our current hats, beanies, shorts, dresses and trousers will not be changing.

Thank you to our P&F for your generous support and to our families for supporting this exciting change to our uniform.

PREMIER'S READING CHALLENGE



Can you read 10 books in 10 Weeks?

Simply complete your Read Together booklet as normal when you read at home, but each week you can also ask someone at home to sign your Premier's Reading Challenge bookmark. In 10 weeks time, we will be asking for you to return your bookmark so that we can organise your certificate of participation.

READ TOGETHER

Congratulations to the many students that have this week received a reading certificate for reading another 20 reading sessions. We also gave away many book prizes and certificates to students that have read 100 reading sessions.

Congratulations to you all and please remember to keep up the great work. For every 20 completed reading sessions, our students will be awarded a certificate for their effort but once they reach 100 reading sessions, our students are given a certificate and a book prize!



CONTACT DETAILS

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