

Bruny Island District School

DEPARTMENT OF
EDUCATION
learners first

Where every child is empowered to develop the skills and confidence to enrich their lives and the lives of others.

ASPIRATION GROWTH COURAGE RESPECT

25 AUGUST 2021

UPCOMING EVENTS

Little Penguins

Wednesday 9:00—11:00 and Friday 9:00—11:00

School Association AGM and Meeting

August 31

K– 2 Swimming and Water Safety

September 1, 8, 15, 22 and October 13, 20

Edu. Cat Management Program

September 6

Hobart Show Day and Student Free Day

October 21 and 22

School Review

September 18, 19

Athletics Carnival

November 4

P&F Event: School Fair

November 6

REMINDERS

Hot Lunch

September 2 Pumpkin Soup and Garlic Bread

September 16 Ms Hearn is cooking!

Friday (each week)

School finishes at 2:30pm

TERM DATES 2021

Term 3 20 July—24 September

Term 4 11 October—16 December

Dear Families,

It was truly wonderful to open up our school last week to the community and host our latest P & F Event: *A Night With Justin Jones*. Justin shared with us his incredible journeys and shared both his challenges and learnings. We have spoken to many of those that could attend the event and received messages from others, all sharing their positivity and gratitude for this event. We welcomed over 50 people to our school and based, on your feedback, I'm sure this won't be the last event of this type. Whilst welcoming everyone at the start of the event I mentioned how grateful I was for the situation we are in where we can offer an event such as this and bring our community together when we consider what is happening around the rest of the country and the rest of the world. We are so fortunate to be able to safely come together in the ways that we are and for that, I am thankful.

This week we have sent home information to families with regards to the *School Satisfaction Survey*. This is your chance to formally provide us with some feedback about the things that we are doing well and the areas we could improve. We really do value your feedback and I look forward to reviewing this when the survey closes on the 17 September.

This week we are celebrating Book Week. This is an opportunity for us to share our love of good literature, talk about characters and stories and have some fun! Thank you to all of our families for engaging with the various activities offered this week and helping your child to be involved with Book Week.

Take care and kind regards,



Ashley McPherson
Principal



CONTACT DETAILS

Bruny Island District School

15 School Road, Alonnah, 7150

Phone 03 62 93 11 47

Email bruny.island.district@education.tas.gov.au

Web <http://www.brunyislandschool.org/>



BOOK WEEK 2021





THE GREAT BOOK SWAP

It was another incredibly successful year for The Great Book Swap at Bruny Island District School. Together our families have donated many beautiful books and then supported their child to purchase a 'new' book for a gold coin donation. Our students really enjoyed looking at and then purchasing their new books during the book swap.



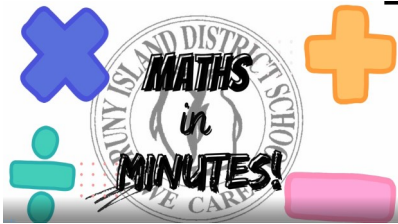
As a school we have raised \$141 for The Indigenous Literacy Foundation— an organisation helping children in remote and rural communities to have access to books and literacy programs.



Thank you for your support and we hope your child is enjoying their 'new books'!



MATHS IN MINUTES



We have now released 3 episodes of Maths In Minutes. Our hope is that these short and practical videos are providing families with some ideas

and confidence to have greater Maths talk at home. The idea for these videos came from our parents and so we hope they are helpful.

Our plan is to release 3 more episodes to complete the series. Now that we are half-way through the series, we would really like to know what you think.

If you are enjoying the videos, finding them helpful or have an idea for what we could focus on in the upcoming episodes, please email Ashley or phone us and let us know.

Phone: 62 93 11 47 or Email: ashley.mcpherson@education.tas.gov.au Thank you so much.

A NIGHT WITH JUSTIN JONES



CULTURAL BURNING

We were incredibly lucky to be invited to Murrayfield last week by Jason Smith and Danny Gardner to experience Cultural Burning on Country. Our students have had the most incredible experience of learning about Cultural Burning this term since NAIDOC Week and then last week, we got to see this theory in practice.



We are very grateful for Jason and Danny for openly sharing their cultural knowledge, wisdom and experience with us. We were invited to participate in an activity to clear the

land, partake in a smoking ceremony and witness safe and respectful burning practices within the grounds of Murrayfield.

Thank you to Jason, Danny, Murrayfield and the weetaapona Aboriginal Corporation for having us on Country.



MUSIC



Other Wordly Stories in Music

In this special week we are learning the spectacular, "Mad Hatter Patter" - a movement song with wildly percussive lyrics about that 'other world', Alice's 'Wonderland' - a story that has resonated for nearly 250 years. For musicians at home it sits on an easy, repeating chord progression: C C F C for each line of the song so it can also be sung as a round which makes it a really useful skill learning song for the children. Check your Seesaw for the lyrics!

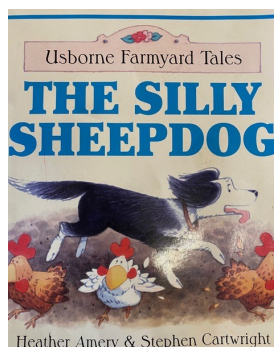
🎵 Giselle

BOOKS FOR LITTLE PENGUINS

Here is Hariklia's wonderful extension of a moment in "The Silly Sheep Dog"! She set up a "milking the cow" experience for the children! Story-books fuel little one's imagination, exciting their love of learning and motivating activity. Under the big idea of animals and farm life this term, Little Penguins' stories and songs stimulate surprising dramatic play moments and here is Franziska and her mum having a turn at the hand coordination involved in milking a cow as part of another imaginative play session in LiL.

Happy life-long reading everyone

Giselle, for The LiL Team.



SCHOOL HEALTH NURSES

Better health for better learning



Greetings from Katherine...

Hi everyone! Growth and Development classes are now well under way. Our students have been very respectful learners during their lessons considering this is probably one of the hardest, most embarrassing topics to learn at school (granted permission has been given for low-medium level giggling to help with this!)

I would like to share some great resources and advice to help keep these conversations going at home, because I also acknowledge that this topic can be a bit tricky for most adults too.

Our government's advice for having these conversations is **Talk Soon Talk Often** – meaning it's never too early or frequent to start age-appropriate conversations to help children understand that their bodies, sexuality and sex are healthy parts of life.

Here are some tips (which I use myself as a parent) for when questions might arise:


It's great to start by asking your child what they already know (this helps you know where to go with the conversation and gives you a moment to compose yourself if needed, depending on the question!)

Don't feel you have to answer everything all at once – kids are often happy to be given little bits of information, and importantly know they can come back to these conversations when needed

Don't be afraid to say you don't know how to answer a question... Remember, we don't have to be experts – your child just needs to know they can come to you to ask anything. This can also become a great learning opportunity if you give them examples of where you can find reliable, honest and appropriate information on this topic (e.g. the links below instead of randomly searching on the internet!)

There are heaps more great tips below, especially on the **Raising Children Network**

The State Library of Tasmania also has lots of great books (e.g. Puberty books written for kids)



Sick? Thanks for staying home! But please let us know so we can mark our attendance correctly.

Call: 62 93 11 47 or email: bruny.island.district@education.tas.gov.au

Protective behaviours:

<https://betterrelationships.org.au/family-parenting/common-issues-for-children/protective-behaviours/>

<https://kidshelpline.com.au/unsafe-secrets>

Talking about sex:

http://www.dhhs.tas.gov.au/publichealth/healthy_communities/talk_soon_talk_ofTEN

<https://raisingchildren.net.au/school-age/development/sexual-development/sex-education-children>

<https://bodytalk.org.au/parents-and-carers/tips-for-talking-with-your-children/>

<https://www.fpv.org.au/for-you/for-parents-and-carers/sex-education-talking-to-young-people>

Don't Panic About Puberty! 📺 | Full Episodes | Operation Ouch

<https://www.youtube.com/watch?v=iDWsIYioQjg>

Please don't hesitate to contact me via email or the school office if you have any questions/concerns relating to this topic.



School Health Nurse – Woodbridge, Dover and Bruny Island District Schools, Huonville High School
School Health Nurse Program
Department of Education, Tasmania

Talk soon. Talk often.

A guide for parents talking to their kids about sex.

1. Talk soon. Talk often. Listen too.
2. Offer lots of little conversations over time from toddlerhood to teenhood, not one 'big talk'.
3. Start talking about bodies when your child is an infant, and use the correct names for body parts: penis, testes, scrotum, vulva, vagina, breasts.
4. Sexual health is not just about having sex, it's bodies, babies, growing up, being a girl, being a boy, love, sexual expression, feelings, personal values, decisions and relationships.

Fact: Puberty can start at 8 (mostly at 10 or 11), and can continue until 18 (but can be later).

5. Do not just wait for your children to ask questions.
6. Take advantage of teachable moments. Use prompts from TV, magazines, experiences with friends, music and the Internet to start conversations and 'hypotheticals'.
7. Answer questions honestly and simply. Just a little bit of information is OK because you can always come back to it (and you should).
8. Good communication needs two-way talk, not one-way lectures.

Fact: By the end of Year 12, about 50% of young people have had sex. And 50% have not had sex.

9. Be a 'tellable' parent – make yourself available, unshockable and listen.
10. It's never too late to start. If you are feeling self-conscious, avoid eye-contact and start a conversation when you're in the car or doing the dishes.
11. Don't assume every child is heterosexual: about 10% of the population will be same-sex attracted.
12. If you don't know how to respond to a question it is OK to say so. Say something like: 'That's a good question, I don't know how to answer it. I'll find out and get back to you,' or 'We can find out together'.

Fact: Research shows: children who talk about sexuality with their parents start having sex later.

13. Continue to show your child affection even when they are going through puberty. Regular hugs can communicate a lot.
14. Find out when and what your child is learning at school about sexual health so you can be prepared.
15. Let your kids know about using condoms even if you disapprove of them having sex.
16. Leave age-appropriate brochures and books with accurate information on sexuality around for your children to read.

This tip sheet is adapted from Talk soon Talk often, a publication for parents adapted by the Department of Health and Human Services, Tasmania and originally produced by the Western Australian Department of Health, based on research and development by the Australian Research Centre in Sex, Health & Society at La Trobe University, Victoria.

CAPABLE CHILDREN: PUBLISHED ARTICLE



Congratulations to Bruny Island District School for once again being published in the national publication *The Challenge* by Reggio Emilia Australia Information Exchange. The article is titled: *Capable Children: Telling Stories and Demonstrating Understanding* and it explains our approach to offering multiple ways for children to demonstrate their understanding. This particular article explores the ways in which our students shared their learning and their understanding using digital technologies.

Bruny Island District School has been recognised as a leader in this space and only this week our teacher, Rory Hamilton, presented at a workshop for teachers with regards to Intercultural Understandings and engaging in authentic learning opportunities.

We are proud of this achievement and the way our little school is influencing and supporting other schools to consider the various ways they can engage in this practice.

Department of Education



Version 2 | 16 June 2020

Protecting yourself and others from coronavirus



Protecting Yourself from Coronavirus

Following this advice and practising hygienic respiratory etiquette can help slow the spread of COVID-19

- 1 Wash your hands frequently for at least 20 seconds or use an alcohol-based hand sanitizer
- 2 Cover your cough and sneeze with your elbow or a tissue, then dispose of the tissue in a rubbish bin
- 3 If unwell, avoid contact with others (stay more than 1.5 metres from people)
- 4 Clean high touched surfaces regularly
- 5 Stay home if you are feeling unwell

Practising good hand and sneeze/ cough hygiene is the best defence against most viruses

Coronavirus is most likely spread from person-to-person through direct or close contact

For more information visit www.coronavirus.tas.gov.au



SCHOOL SATISFACTION SURVEY

Our families have now been sent a link to complete the School Satisfaction Survey for 2021. We really value your feedback and use this information to help inform our School Improvement Priorities. We want to know what we are doing well and areas we can improve. Thank you to the families that have already completed the survey. It will remain open until Friday 17 September and can be accessed using this QR Code. Thank you.



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